Teratogens

- *Teratogen* is pronounced [tuh-RAT-uh-jen].

- A teratogen is any substance that can harm an unborn fetus (baby).

- A few examples of teratogens are **alcohol, smoking, street drugs, prescription** and **over-the-counter medications**, and **some environmental agents.**

- Teratogens can cause **birth defects, premature delivery, low birth weight, mental retardation, and/or learning and behavioral problems.**

If you are pregnant and think a teratogen may be affecting your unborn baby, please call the

Texas Teratogen Information Service
1-800-733-4727

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